

Aromas, Colors and Flavors of Mexico

Mexico City, Puebla, Oaxaca

Day 1. Mexico City

Welcome at the airport and transfer to hotel

Day 2. Mexico City

We'll start our day visiting the **Historical Centre**, UNESCO World Heritage, for its beautiful buildings and colonial monuments.

Visit to **San Juan Market** where we'll try Pre-Hispanic food and a Pre-Hispanic drink called Pulque, Drink of Gods.



Day 3. Mexico City / Puebla

The Spanish created one of the richest and most beautiful cities of Mexico, **Puebla**. Its streets tell you stories and its churches whispered legends.

In our walk through the Historical Center we'll taste a great variety of dishes and visit a chili mill to know about the traditional Mole Poblano.

Day 4. Cholula y Tonanzintla

We'll go to the Holy city of **Cholula**, religious centre and the place where the Toltecas lived. Continuing to **Santa Maria Tonanzintla**, baroque church with an explosion of color, images and forms, clear example of the syncretism between the catholic religion and the indigenous culture.

Visit a **Talavera factory**, traditional handicraft of Puebla.



Day 5. Puebla / Oaxaca

Magical **Oaxaca**, everything combines in an adventure full of flavors and colors, landscapes and history; forgotten paradises and amazing beaches. Fantastic alebrijes and the black clay pottery demonstrate the virtue of the craftsmen, while we fell in love with the taste of mole and mescal. At lunch we'll taste one of the seven moles of this place. In the evening **Walking Tour through the Historical Centre.**



Day 6. Oaxaca

We'll departure to **Monte Alban Archeological Site**, the largest political, economic and cultural centre of this region. Continuing to **Arrazola town**, birthplace of the alebrijes, after we'll go to **Cuilapan de Guerrero Convent** finishing in **San Bartolo Coyotepec**, birthplace of black clay pottery.

Day 7. Oaxaca cooking class

There is no better place than an **Oaxacan market** to seduce our senses, and here is

where we start our day. Here we'll buy the necessary ingredients for our culinary experience.

Free evening.

Day 8. Oaxaca – Mexico City

Return to Mexico City.

***Optional extension to Huatulco / Puerto Escondido beaches.**

Include:

- 7 nights in 4* hotel / breakfast
- 5 meals
- Land transportation
- Guide

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Mexico City

Not included:

- Tips
- Beverages
- Personal expenses

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